



## DSM-5 Pocket Guide for Child and Adolescent Mental Health

By Robert J. Hilt, Abraham M. Nussbaum

American Psychiatric Association Publishing, United States, 2015. Paperback. Book Condition: New. 206 x 152 mm. Language: English . Brand New Book. Building on the best-selling Pocket Guide to the DSM-5 Diagnostic Exam, The DSM-5 Pocket Guide for Child and Adolescent Mental Health teaches readers how to formulate a diagnosis and treatment plan for this patient population. Because these patients are more likely to initiate mental health treatment in a primary care rather than specialty care setting, the authors pay particular attention to the practical exigencies of the primary care setting. Accordingly, chapters are devoted to topics such as diagnostically interviewing around different chief complaints; performing 15- and 30-minute versions of the diagnostic interview; recognizing developmental milestones and red flags for referral, and more. The book's structure is flexible, affording readers the freedom to read sections in their entirety for background or to use the guide on the fly, as with interview questions for specific diagnoses. The book is an essential reference for primary care physicians, pediatricians, residents in training, and general psychiatrists, and other practitioners caring for children and adolescents experiencing mental distress and mental illness. The authors have designed the book with a variety of useful features;; Multiple...



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